

# OLD FORT ART WALK

Home to a colorfully diverse collection of murals, many artists have left their mark in Old Fort across the decades. Walk along Catawba Avenue and Main Street to discover a vivid range of art styles and creative influence painting our Blue Ridge Mountain Town. From the pioneer-era beginnings of Old Fort, to the modern influence of outdoor recreation, Old Fort has murals that speak to every person.

One iconic mural vividly stands out as a marker of significant social change in Western NC: The Albert Joyner Mural depicting his efforts to end school segregation. This historic mural is set against the 37 E. Main Street building and continues to honor his work and life.

You will also find historical block paintings throughout downtown which showcase some of Old Fort's favorite places. There are also six McDowell Quilt Trail Blocks located in downtown Old Fort.

Inspired by the art installations along our main streets?

Discover more at: www.mcdowellquilttrails.com

or www.appalachianmuraltrail.com.



91 Catawba Avenue | Old Fort, NC 28762 | 828-668-4282

**DESTINATIONMCDOWELL.COM** 

REV. 9-2024

# OLD FORT



Basecamp

**DESTINATIONMCDOWELL.COM** 

#LovedbyLocals: Below you will find a list of regional dining, unique boutiques, awe-inspiring venues, and one-of-a-kind lodging accommodations.

# TASTE

Black Beary's Cafe 14 West Main Street 828-668-6242

Davis Country Store & Cafe 75 East Main Street

75 East Main Stree 828-668-6416

**Deb's Diner** 189 Catawba River Road 828-203-3100

Go Go's Cinnamon Rolls 212 East Main Street 828-668-6024

Catawba Vale HUB 37 East Main Street 828-668-6161

Euda Wine 164 Commerce Street 828-317-2113

Abbiocco Pizza 178 Catawba Avenue 828-900-7703

Hillman Beer 78 Catawba Avenue 828-668-6372

Seeker Coffee 39 Catawba Avenue

**27 Main** 27 East Main Street 828-668-7676

Whaley's Farm Brewery 178 Catawba Avenue 828-668-6352

# SHOPPING

The Common Pine 31 East Main Street 828-668-6177 Davis Country Store & Cafe 75 East Main Street 828-668-6416

Waterways 123 East Main Street 828-575-2128

# **LODGING | EVENT VENUES**

Mountain Appalachian Inn 38 West Main Street 828-460-3438

Inn on Mill Creek 3895 Mill Creek Road 828-668-1115

Catawba Falls Campground 35 Peggy Loop 828-668-4831

Sky Island Retreat and Campground 88 Flatlander Drive 828-668-4928

Curtis Creek Campground Seasonal U.S. Forest Service Site Reservations Required 3799 Curtis Creek Road recreation.gov

Camp Grier Seasonal - Cabins/Campsites 985 Camp Grier Road 828-668-7793

Greybeard Realty Vacation Rentals 243 Catawba Avenue 828-668-6077

Indigo Nature Retreat 1037 Newberry Creek Road 828-619-0900

The Pond at Laurel Cove 1718 Bat Cave Road 828-442-8631 Old Fort RV Park

1371 Parker Padgett Road 828-655-6333

Mountain Gateway Museum 24 Water Street 828-668-9259

Find more properties on Airbnb, and VRBO, and DestinationMcDowell.com

# **ATTRACTIONS**

Arrowhead Gallery 78-C Catawba Avenue 828-668-1100

Davidson's Fort 140 Bud Hogan Drive 828-407-8300

Fonta Flora Trailhead and Park

180 Bud Hogan Drive

Catawba Falls 3074 Catawba River Road Pisgah National Forest

Mountain Gateway Museum 24 Water Street

24 Water Street 828-668-9259

Andrews Geyser Park 2111 Mill Creek Road 828-668-4244 Turtle Island Pottery 2782 Bat Cave Road 828-337-0992

Nanu Gallery 78-A Catawba Avenue

### **OUTFIT YOUR ADVENTURE**

Mountain Top Shuttles 828-668-2255 mountaintopshuttles.com

Old Fort Bike Shop 276 Catawba Ave 678-653-3678

Waterways 123 East Main Street 828-575-2128

# FISHING GUIDES

Connecting the Dots Fishing Guides 925-408-2055 www.connectingthedotsfishingquides.com

The Catawba Angler Fishing Guide Service 828-460-2390 www.thecatawbaangler.com

High Fins Expeditions 828-387-6773



# HIKING/BIKING TRAILS

#### **Bernard Mountain Trail**

3.2-mile-long trail that starts out along a nice ridgeline, and then descends to the Point Lookout Trail with technical switchbacks. Start at the parking area on Mill Creek Rd.

# Copper Ridge Trail / Lower Heartbreak

Natural surface trail, trailhead is on Old US 70. From Main St. (US 70) go west and turn right onto Old US 70. Continue approx. one mile and parking is on the right. Part of the Fonta Flora State Trail.

# Pisgah Gateway Trails

Located off Curtis Creek Road, experience Old Fort's newest multi use trails. Designed for beginner and intermediate bikers, combine trails to create multiple loop options. Hikers and equestrians will also enjoy the six miles of trails going up Salt Gap and connecting with Jarrett's Creek Rd. for a loop back down.

# Kitsuma Peak / Young's Ridge

Two trails merge to create an eight-mile trail opening to breathtaking views winding around Old Fort Mountain. Narrow trail, moderate to difficult. Parking available in Ridgecrest or the Old Fort Picnic Area.

# **Newberry Creek**

A scenic five-mile strenuous trail that ends at the Blue Ridge Parkway. Take Curtis Creek Rd approximately 5 miles to Newberry Creek Rd (water wheel on left) turn left. Trail begins approx. one mile at the end of the road at the Forest Service gate.



Shred the gnar. Grab a cold one in the town of Old Fort. Repeat.



#### Point Lookout Trail

Paved hiking/bicycle 3.62-mile trail rising approx. 1,000 feet. Non-motorized cycles only. Benches are placed on trail. Main Street Old Fort (US 70) to Old US 70, 2.4 miles to Mill Creek Rd at Old Fort Picnic Area. Park at picnic area or at end of road in designated parking area.



#### Snook's Nose

A hiking only trail that rises steeply to the Blue Ridge Parkway with great views along the way. Start across from the Curtis Creek Campground, the trail ascends over 2500'.

# 3 Meadow Loop Accessibility Trail

This unique scenic experience at the Pisgah Gateway Trails allows all levels of accessibility to enjoy our local forests. The one-mile hiking only trail is wheelchair accessible and provides a beginner-friendly experience along a wide gravel surface adjacent to Curtis Creek. A raised boardwalk with seating for wildlife viewing is also a main feature.



# WATERFALLS TRAILS

#### Catawba Falls Trail

Follow this trail along the scenic headwaters of the Catawba River for a 4-mile round trip hike that includes the beautiful 205 ft lower waterfall and the breathtaking 80ft upper waterfall. Historic buildings are scattered along the trail, including the remnants of the 1920's hydropower dam that provided power for the town of Old Fort. The quarter-mile route between the lower and upper falls has 580 steps and is equivalent to climbing a 30-story building. Hikers with pre-existing medical conditions should use caution.

# **Hickory Branch Falls**

Moderate 3-mile round trip to view 20-foot falls. Trailhead is located in the Curtis Creek Campground, on the back side of the tent camping area.



# OLD FORT AREA PUBLIC TROUT STREAMS

#### Mill Creek

102 Water Street | 35.627487, -82.180546 Bank access, hatchery supported, stocked stream, Brook, Brown, and Rainbow.

#### **Curtis Creek**

Curtis Creek Road | 35.655295, -82.179128 Universally accessible with handicap pier, bank access. Hatchery supported, stocked with Brook, Brown, Rainbow.

# Newberry Creek

Game land portion of Newberry Creek, off Curtis Creek Road (see above), catch and release, artificial flies and trout lures only. Game land Newberry Creek access and game land tributaries only. | 35.68003, -82.20098

#### Old Fort Recreation Area

35.620049. -82.200015

Hatchery supported waters, Brook, Brown, and Rainbow.

# NC MOUNTAIN HERITAGE TROUT WATERS

Old Fort's Mill Creek is designated NC Mountain Heritage Trout Waters. Visitors may purchase a 3-day fishing license by visiting www.ncwildlife.org or by calling 888-248-6834.

# DESTINATIONMCDOWELL.COM











# OLD FORT - YOUR BASECAMP FOR BLUE RIDGE MOUNTAIN ADVENTURES

Welcome to Old Fort, North Carolina!

Officially designated Old Fort in 1873,
our small mountain town has grown to
reflect the enduring spirit of artists, farmers, heritage craftsmen, entrepreneurs,
outdoor recreation enthusiasts, and those
passionate about our beautiful natural surroundings. Come experience the charm of
our growing downtown streetscape, filled
with enticing local dining and iconic murals
painted by renowned artists. Or, immerse
yourself in Pisgah National Forest with our
unparalleled trail networks.



Old Fort Train Depot and Arrowhead





# HIKE, BIKE, AND MORE IN PISGAH NATIONAL FOREST

Minutes from downtown Old Fort, 70,000 acres of national forest await you. Immerse yourself in nature with our Gateway Trails System and Curtis Creek area, located within Pisgah National Forest. This old growth, hardwood forest hosts numerous hiking, biking and equestrian trails, stunning waterfalls, roaring trout streams and abundant wildlife.



With spectacular, year-round views of the Royal Gorge, the paved (non-motorized) Point Lookout Trail is a popular spot for hikers and cyclists.





**Mountain Top Shuttles** 



Above: Inn on Mill Creek
Below: Mountain Appalachian Inn







